

the emotional waves of the solar plexus love your human - in the human design system a defined solar plexus is powered by waves of energy that rise towards joy and happiness and fall towards sadness and despair there are three types of waves and they each behave a bit differently the truth is that whether we have an emotional wave or not we are all impacted by emotions as we interact with others, **living with feeling a field guide to the solar plexus** - for the defined solar plexus person 1 the body not the mind is the doorway to experiencing feeling learn to notice nervousness in the body this is your wave in motion 2 observe when the mind labels the nervousness and how it turns the label into a problem or reason for the feeling, **journey through the centers of the human design bodygraph** - defined solar plexus emotional authority if your solar plexus is defined the emotional frequencies of your defined gates above are hardwired into how you consistently experience your life remember to wait out your waves of emotions for decision making as you have your unique time frequency it is not about explaining or controlling your emotions, **human design defined solar plexus emotional authority** - i am so happy to share with you a video with some understanding and observations about the solar plexus emotional authority as well in relation to undefined solar plexus beings, **an intro to human design the seven authorities sacral** - the first rule of having a defined emotional solar plexus center never make decisions when you re in your feelings the second rule of having a defined emotional solar plexus center never make decisions when you re in your feelings don t suppress your feelings it s vital you feel all the feels first wait for calm and clarity and then act, **human design emotional authority a defined solar plexus** - around half of us have emotional authority as our authority in our human design what does that mean a look at the most common of all of the human design strategies, **the defined emotional system jovian archive** - the solar plexus center is one of the body s four motors it is an extraordinarily powerful motor we know statistically that half of humanity is emotionally defined which means that the other half of humanity is subject to the conditioning of the emotions of the other half, **human design authority human design hawaii** - emotional authority solar plexus it is an incredibly deep awareness of the environment like an emotional radar reaching out to feel what is good for you for an emotional being you must feel the situation or persons over a period of time from different points in your wave in order to draw the real truth from it, **human design community the four motors** - the throat defined to the solar plexus will fuel all conversations and actions with its emotional quality the ability to analyze a rave chart despite what appears to be a complexity of material is based on common sense

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